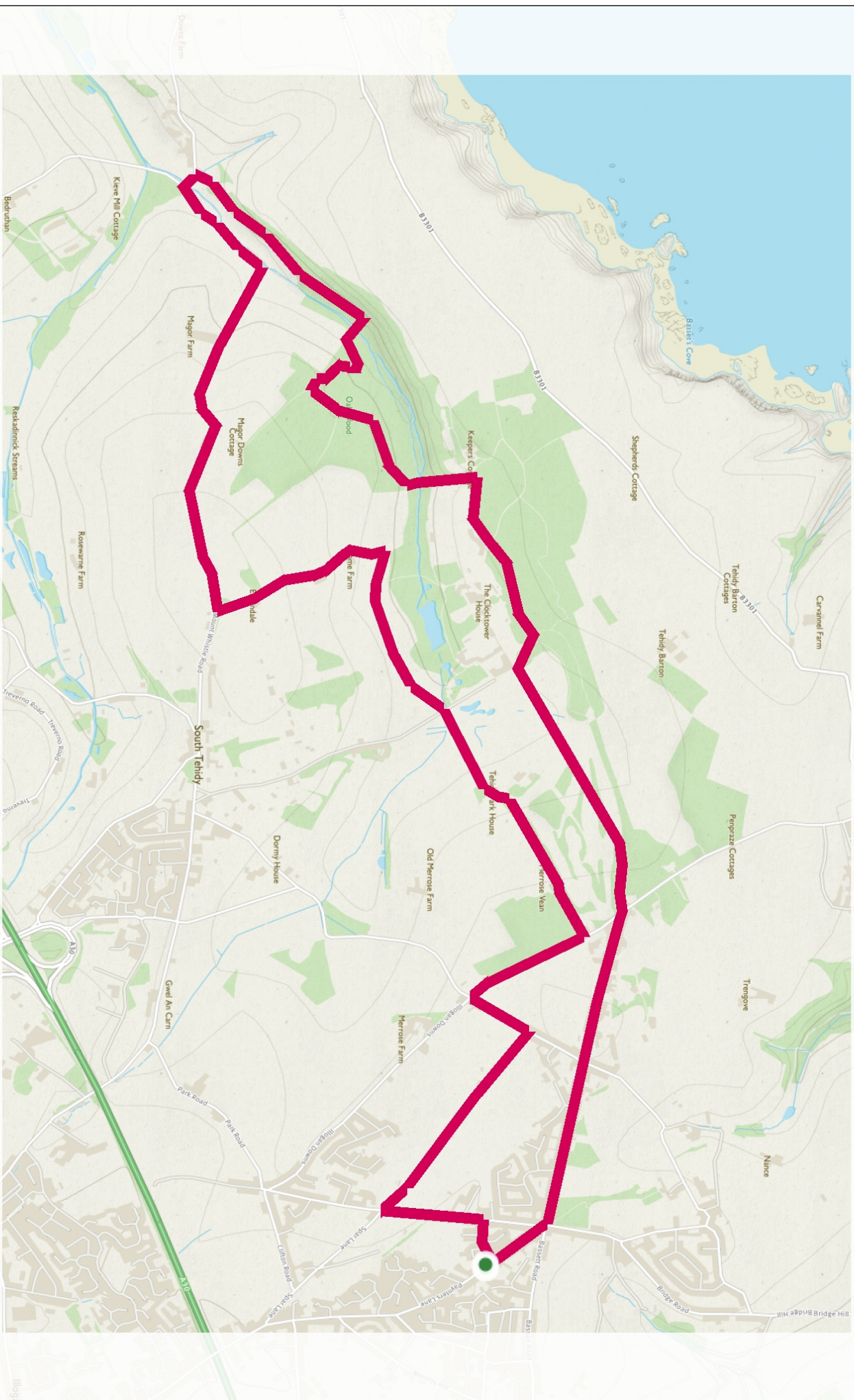




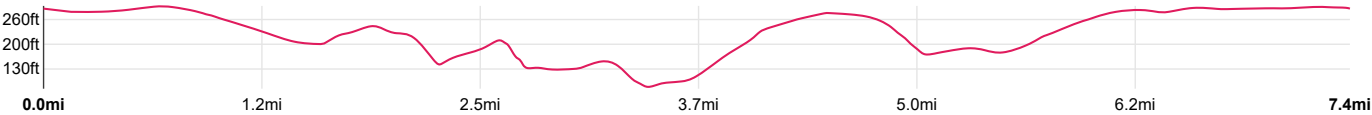
Route Information

Route Name Illogan Trail 2

Route Summary

Total Distance	7.41mi (11.93km)	Walk	2h 40min
Elevation	79.07ft at lowest point	Run	1h 22min
	298.56ft at highest point	Cycle	54min
Total Ascent	558.07ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	SW 672 432	0.00mi	50° 14' 37" N	5° 15' 54" W	291.34ft
	Dist to next: 0.16 mi				
77	SW 672 433	7.41mi	50° 14' 37" N	5° 15' 55" W	291.34ft